



The Queen of the Desire Realm

An Introduction to the Smokey Protectress,
Palden Lhamo Dūsölma

(**Śrīdevī-Dhūmāṅgarī*)

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Who Is Palden Lhamo Düsölma?

- **Tibetan:** Palden Lhamo Düsölma
- **Sanskrit:** Śrī Devī/Śriyādevī/
Dhūmāṅgarī/Dhūmāvatī/
Dhūmā Devī
- **Meaning:** Glorious Goddess,
“She [Whose Color] is Smokey”
- **Other names:** Queen of the Desire
Realm, Mahākālī, Betālī,
Rematī, Revatī, and more.
- Guardian of the Hevajra and
Catuṣpīṭha Tantras
- Principal protector of Mar-Ngok
lineage



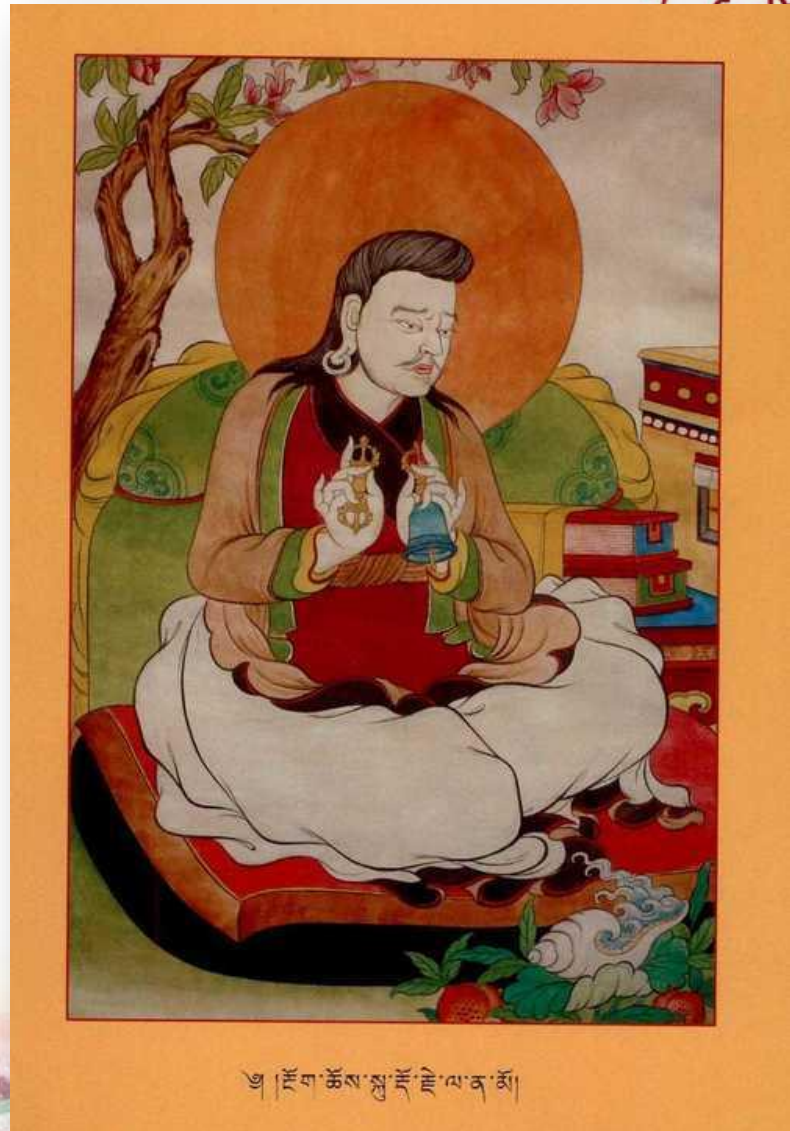
Marpa Receives Transmission from Naropa



- Naropa had **three main protectors**: yakṣī Cāmuṇḍī, Lion-Faced *ḍākinī*, and Śrīdevī Dhūmāṅgarī
- Marpa tried to request all three, but Naropa **told him to choose just one**.
- Marpa **chose Dhūmāṅgarī/ Düsölma** due to her significance.
- Naropa prophesized that Marpa will pass the Düsölma to his student, **“the holder of the explanatory lineage,”** ie. Ngok Lama

Ngok Lama Receives Transmission from Marpa

- Marpa had **three main protectors**: ḍākinī Kaṃka-tsal, keeper of the skull-garland Thotrengchen, and Palden Lhamo Düsölma
- Ngok Lama tried to request all three, but Marpa **told him to choose just one**.
- Ngok Lama **chose Düsölma** due to her special significance.
- Marpa excitedly **revealed to Ngok Lama the prophecy** about him spoken by Naropa.



Mar-Ngok Düsölma Scriptures



- **Two authoritative scriptures:**

1. **General Tantra:**

Dākinyagnijihvajalātantra

Blazing Tongue of Dakini Flame

Tantra

- Nyingma tantra translated by Chok-ro Luyi Gyaltzen

2. **Specific Tantra:**

Śrīyedeṽmahākālisiddhi-

sarvākaratantra

Tantra that Manifests All the

Siddhis of Śrīdevī [Mahā]kāli

- Secret tantra translated by Lokaśrī under Naropa

Mar-Ngok Düsölma Lineages

- **Two initiation lineages:**
 1. **Ordinary** permission blessing for the **outer practice**:
 - Vajradhara > Vajrapani > Nagarjuna > Jñanadakini > Tilopa > Naropa > Marpa, etc.
 2. **Extraordinary** permission blessing for the **secret practice**:
 - Düsölma > Virupa > Krishnacarya > Tilopa > Naropa. Marpa, etc.
- From Naropa onward, **the two lineages were united**.



Hariti as Archetype for Oath-Bound Protectors



- **Demoness in Rajgir** during lifetime of the historical Buddha.
- Kidnapped and **killed human children to feed her many beloved offspring.**
- **Buddha hides her favorite child**, Pingala, inside his begging bowl.
- Realizing the pain of losing a child, Hariti repents.
- Hariti vows to **guard the dharma** and **protect all children and mothers.**
- The Buddha promises that **she will never go hungry.**



Protector Practice in General

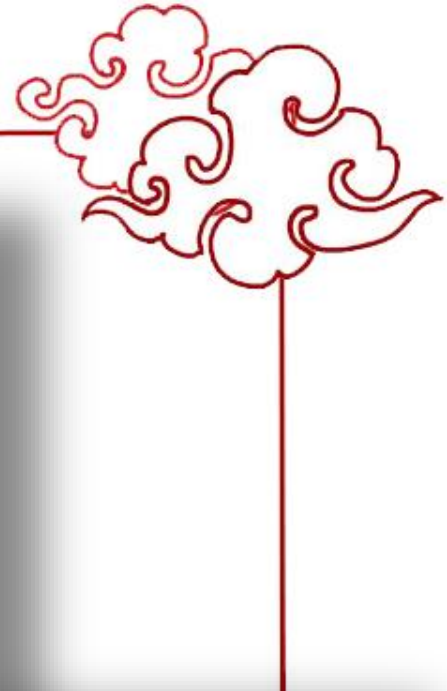
- **Invoking** the protector deity and reminding them of their *samaya*
 - Making **offerings and praises**, especially *torma/bali*
 - **Mending** and **fulfilling** our *samaya*
 - **Requesting** the activity
 - **Confessing** mistakes
- *ALWAYS PRACTICED WITH HUMILITY***



Dudsolma Visualization



Dudsolma Visualization – Hand Implements



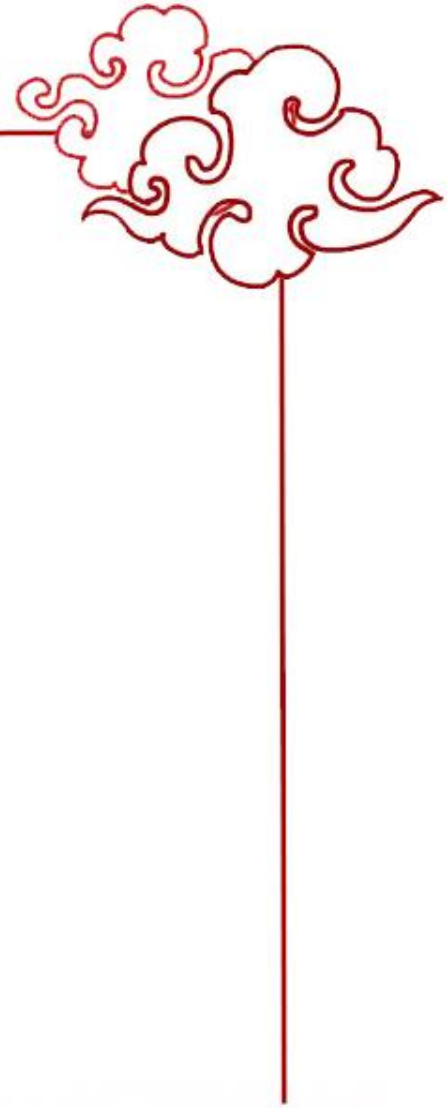
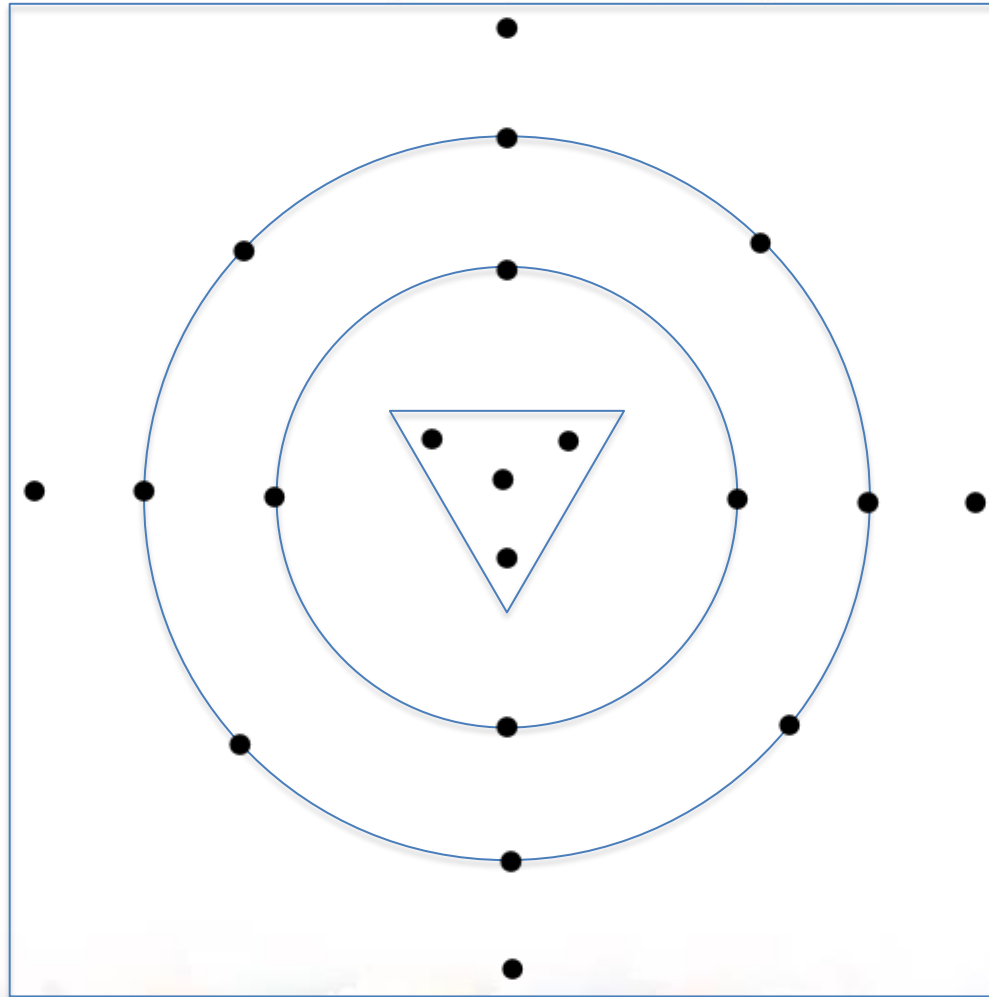
Dudsolma Visualization – Head Ornaments



Dudsolma Body Ornaments



Dudsolma Mandala



Dudsolma Mandala Deities

- **3 Kālīs of Body, Speech, and Mind (inside skull fortress):** Black, riding donkeys, and holding human hearts and blood-filled skull cups
- **4 Goddesses of Buddha Families (outside fortress):** Colors of families, riding donkeys, holding curved knife (or their own symbols) and skull cup

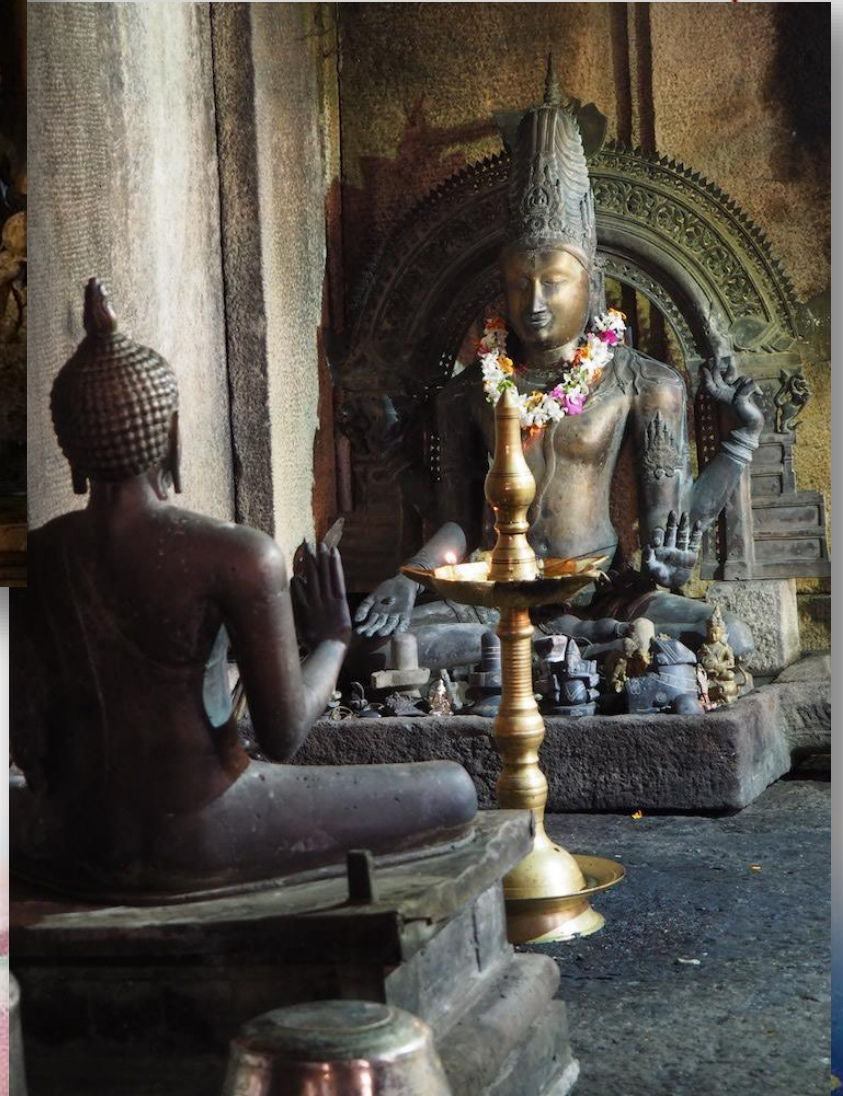


Dudsolma Mandala Deities

- **8 Animal-Headed Goddesses:** Having various animal heads, riding donkeys, holding curved knife and skull cup
- **4 Animal-Headed Gate Keepers:** Having various animal heads, holding various weapons, and riding a horse, a lion/tiger, a wolf, and a monkey.



Jumadi (Dhoomavathy) in South India



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Jumadi (Dhoomavathy) in South India



parashurama shrishti

Jumadi (Dhoomavathy) in South India



10 Conclusion



Thank you.

Guru, deva, ḍākinī, and dharmapāla —
please forgive me if I have made any mistakes.

