

COMMEMORATION DAYS for the PRACTISES and the Mar-Ngok LINEAGE

If one is connected to the Hevajra practises and/or the Nairatmya practises, and one wishes to REMIND and COMMEMORATE ... there are TWO good MONTHLY days and ONE good ANNUAL day were one can tune in to the blessing of the Marpa Ngok Hevajra Nairatmya transmission: „The Blessing enables the offsprings to follow in the footsteps of the father!“. The two monthly days has focus on the practise. The annual day has focus on the lineage.



mar-ngok.org

Revitalizing the Marpa Ngok Tradition



ANNUAL COMMEMORATION of MARPA NGOK LINEAGE

The 3rd day of the 7th month

a commemoration of Ngoktön Chöku Dorje (1023-1190) and his family lineage (- 1446) --- who was instrumental for the transmission of Marpa's tradition of Hevajra.

དགྲ་ལོ་བཅུ་གསུམ་ལོན་ཅིང་ན། ཡལ་དགྲ་ལོ་བཅུ་གསུམ་བརྒྱུད་པ་ལ། ཉེད་ལོ་ཁྱིའི་རྩེ་འོད་ཅིན་ན་འབྲུག་གི་ཉི་
མ་ཤར་བ་ཉིད་ཅིང་ན། རས་ཀྱི་འཕྲུག་ཅིག་ལྷ་ལ་གསེལ། རྒྱུད་པའི་ལྷ་དེའི་རྒྱུད་ཅིག་ཅིག་ལྷག་དུ་ཐོགས་ནས། ང་
མཁའ་བ་རྫོད་དུ་འགྲོ་། ངའི་འདའ་ལ་འགྲོ་བ་མི་ཅི་ཡོད་གསུང་ཞིང་། དཔེན་ཚ་ལ་མྱར་པ་ལམ་གསུམ་མཛད་ནས། འགྲོ་
མི་གཞན་ལ་བྱུང་པར་དང་། ཁོང་རང་ལ་འོང་ཅིག་གི་སྡེ་དང་ནས་། ཉིད་ཀྱི་སྡེ་དང་མཚོད་རྟེན་བཞེངས་སོ་། ཞལས་རྗེས་
ལམས་ཀྱིས་བཞག་ནས། མ་བུར་གྱི་གསེབ་ན་ཡང་ལ་ལྷ་དེའི་ཁྲོ་ལོ་ལོ་མཁའ་རྫོད་དུ་གཉིགས་སོ།

Proposed on Nairatmya day (23rd lunar day, 10th month), and instigated and blessed by HH Drikung Kyabgön Trinle Lhundrub, 9th December 2020. May it Benefit! Geo Geo Geo དེལེལེ དེལེལེ དེལེལེ ॥

དགེ་འདིས་རིན་ཆེན་བརྟན་པ་ཤིང་མཐའི་བར་དུ་གནས་པའི་སྒོན་འདུན་གྱིས་མཛམས་ལྷུང་།

By this virtue, may this auspicious aspiration
provide the connection with this precious teaching,
abiding until the end of samsara.

HH Chetsang Tulku, Konchog Trinle Lhundrub, 15th May 2011
(Iron Hare year, 15th day of Saga Dawa, 4th Month)



May the Marpa Ngok lineage
flourish like sun, moon and ocean.

HE 11th Choeze Kuchen Rinpoche
(25th November 2020)

MONTHLY DAYS FOR THE HEVAJRA AND NAIRATMYA PRACTISES

To celebrate Nairatmya, you can use the 8th lunarday after the fullmoon, which is the 23rd lunarday of every month.
To celebrate Hevajra, you can use the 14th lunarday after the fullmoon, which is the same as protector-day, i.e. the 30th lunarday.
And where does this information come from? And why are these days not more commonly known in buddhist context?

As to the reason these days are not known more commonly in Buddhist contexts, well! there one can only speculate. One reason could simply be that Hevajra and Nairatmya is simply not practised much in the Karma Kagyu. These practises are practised in the Sakya lineage, but still these days seem not to be widely practised. Connected to this reason, is like HH Chetsang Rinpoche, The Drikung Kyabgön Trinle Lhundrub stated february 2018, about the transmission and practice of Hevajra and Nairatmya: „as it is endangered and on the brink of extinction“.

As to the origin of this information: It is stated in the Hevajra „Two chapter“ Tantra. In short it says: On the 8th day and 14th day of the Waning Moon the ones adhering to the Yogini Tantra should see as special.

The more precise words can be found in the Hevajra tantra, part 1, chapter vii, vers 19-20: „(19) The day too I will tell you when the yoginis meet together, for the purpose of the welfare of all beings in the Yogini-tantra of Hevajra.’ (20) Vajragarbha said: ‚Lord, which are those days?’ The Lord replied: ‚The fourteenth and the eighth days in the dark fortnight. “ (here in the words by the translation of David Snellgrove, from 1959).

ANNUAL COMMEMORATIONS of MARPA NGOK LINEAGE

The 15th lunar day of the 1st lunar month. Commemoration of the Parinirvana of Naropa (1016-1100)

The 15th lunar day of the 1st lunar month. Commemoration of the Parinirvana of Marpa Lotsava (either 1000-1086 or 1012-1097)

The 3rd lunarday of the 7th lunarmonth is the parinirvana of Ngoktön Chöku Dorje (1023-1190), pupil of Marpa the Translator. This is henceforth the special commemoration day for the Marpa Ngok Tradition. It is a commemoration of Ngoktön Chö

དགའ་ལོ་བུ་གསུམ་ལོན་ཙམ་ན། ཡབ་དགའ་ལོ་བུ་གསུམ་བརྒྱད་

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More information about the lineage:

<https://mar-ngok.org/>

<https://mar-ngok.org/texts-by->

<https://mar-ngok.org/wp->

<https://www.academia.edu/>

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The more precise words/arguments (by Cecile Ducher, 8th december 2020):

An examination of the date of Ngok Chödor (1023-1090)

According to a Ngok Family history written in 1360, the *Rosary of Precious Ornaments—Lives of the Successive Ngokpa Masters, Fathers and Sons* [ལྷ་མ་ རྒྱལ་པ་ ཡབ་སྲས་ རིམ་བྱོན་ པའི་རྣམ་ རྣམ་ཐར་ རིན་པོ་ཆེའི་བྱོན་ གྱི་ ཐེང་བ་] (*Bla ma rngog pa yab sras rim byon pa'i rnam thar rin po che'i rgyan gyi phreng ba*), when Ngok Dodé was twelve and his father sixty-seven, after sunrise on the dragon third day of the dog month of a horse year, while wearing a thin cotton fabric over his body and carrying a small skull hand-drum, Chödor said: “I’m going to Kachö; is there someone going with me?” He did three circumambulations around the retreat place, and as no one else came, he stepped on a boulder, left a dazzling footprint, and ascended in the mist towards Kachö in the sound of the hand-drum.

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Although the *Rosary of Precious Ornaments* does not indicate the element of the horse year when Ngok Chödor left for Kachö, two later sources, the *Lhorong Chöjung* and the *Debter Ngönpo*, propose either 1090 (iron male horse) or 1102 (water male horse). These two sources similarly propose alternative datings for Marpa and all Ngok masters, the *Lhorong Chöjung* generally indicating a 12-year cycle earlier than the *Debter Ngönpo*. Although no decisive outer indication helps to decide between the two, the general chronology of the Ngok masters proposed in the *Lhorong Chöjung* is better on several account, hence the proposed dates for Ngok Chödor are 1023-1090 (instead of 1036-1102 for the *Debter Ngönpo*). Both the *Lhorong Chöjung* and the *Rosary of Precious Ornaments* indicate that Ngok

Chödor died on the third day of the dog month, while the *Debter Ngönpo* gives no detail. The dog month according to the Kalacakra system is the seventh month.

As the Hevajra Sadhana Offering in Phyang Monastery is held from the 4th to the 15th of the seventh month each year, we suggest that on the day previous to the Hevajra group retreat, on the 3rd day of the 7th month, there may be a commemoration of Ngok Chödor and his family lineage, who was instrumental for the transmission of Marpa's tradition of Hevajra.

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***By this virtue, may this auspicious aspiration
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abiding until the end of samsara.***

HH Chetsang Tulku, Konchog Trinle Lhundrub

May the Marpa Ngok lineage flourish like sun, moon and ocean.

HE 11th Choeze Kuchen Rinpoche (25th November 2020)



May the Marpa Ngok lineage flourish like sun, moon and ocean.

HE 11th Choeze Kuchen Rinpoche 25th November 2020

And acknowledging, that since 9th
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and his family lineage (- 1446) -- who
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Art by
Carl
Djung



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